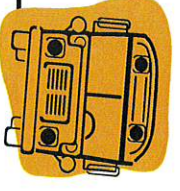


ICCS Hot LUNCH MENU

Welcome
Back to school!



	Mon	Tue	Wed	Thu	Fri
Week 1	Chicken tenders <i>Panini—mozzarella & roasted peppers</i> Fusilli pasta w/ butter sauce Served with French fries, Vegetable of the day	Chicken nuggets or Taco Tuesday (beef) served w/ steamed corn Spanish rice	Pizza bites or Popcorn chicken served w/ French fries vegetable of the day	Hamburger/ cheeseburger or Grilled chicken wrap served with peaches, potato salad	Pizza or Pasta w/ light pink sauce served w/ garden salad mozzarella sticks
Week 2	Chicken tenders Hot dog Pasta w/ Alfredo sauce Served w/ tater tots, broccoli	Chicken nuggets Or Mini tacos Tuesday Served w/ mashed potatoes, diced pears	Chicken quesadillas Mac & cheese wedges Or Turkey with lettuce on a bun served with chips & pasta salad	Crispy chicken wrap Bacon, egg & cheese on a roll Chicken parm Served w/ tater tots, diced pears	Pizza or Pasta w/ light pink sauce served w/ Caesar salad mozzarella sticks
Week 3	Chicken Tenders Meatball sub Spaghetti marinara Served w/ French fries Vegetable of the day	Chicken nuggets or Taco Tuesday (chicken) served w/ fruit cocktail white rice	Popcorn chicken Macaroni & cheese Hot turkey w/ gravy, Served with mashed potatoes, corn	Hamburger/ cheeseburger or Grilled chicken wrap served with peaches, pasta salad	Pizza or Pasta w/ light pink sauce served w/ garden salad mozzarella sticks
Week 4	Chicken Tenders Steak & cheese sub Spaghetti marinara Served w/ tater tots, Vegetable of the day	Chicken nuggets or Taco Tuesday (beef) served w/ steamed corn Spanish rice	Popcorn chicken Empanadas (beef) Panini- Turkey & bacon served w/ green bean salad Fruit cocktail	Hamburger/cheeseburger or Chicken parm Spaghetti marinara Served w/ French fries Vegetable of the day	Pizza or Pasta w/ light pink sauce served w/ garden salad mozzarella sticks
Week 5	Chicken tenders Sausage/peppers & onions Pasta w/ garlic & oil Served w/ tater tots, broccoli	Chicken nuggets Or Mini tacos Tuesday Served w/ tater tots, diced pears	Chicken quesadillas Mac & cheese wedges Or Turkey with lettuce on a bun served with chips & pasta salad	Crispy chicken sandwich French toast with bacon Spaghetti garlic & oil Served w/ tater tots, diced pears	Pizza or Pasta w/ light pink sauce served w/ garden salad mozzarella sticks

FOUR SEASONS
food service management

A La Carte Items
 Fresh baked cookies
 Ice cream
 Snacks
 Hot soft pretzel
 Snapple beverages
 Water, Milk and Juice
Salads & Wraps
Only Available by Pre Order
 @fspreorder.com
 Prior day of school
 Until 8:30 am day of

K- 8th Grade
 Combo meal includes
 1 entrée, sides, &
 drink
 w/ small drink-milk,
 juice, 8oz water-\$6.00
 w/ large drink—capri
 sun, canned drink,
 16oz water-\$6.50
 Items may be
 purchased a la carte
 Vegetarian Options
 Available

Featuring
 Boar's Head
 Brand
 Deli Meats

Choose your corresponding menu day beginning with week 1.
 Please skip daily menu for school closings/holidays & non-service days-
 Refer to your school calendar
 For Dietary or Allergy Questions please call 732-780-4478

Pre order your salad or wrap @fspreorder.com /or visit us @Fourseasonsfsm.com